

Cross-Cultural Fish & Veggies

GROCERY LIST

Vegetables:

- carrots (3)
- radish (2)
- onion (1)

Spices:

- lemongrass (4 stems)
- sweet chili sauce (1 ts.)
- chili (1)
- mint leaves (2 tb.)
- coriander leaves (2 tb.)

Fruits:

- lime (juice) (½)

Fish:

- fish (firm) (500g)

Dairy:

- butter (1 tb.)

Other:

- quinoa (250g)
- vegetable stock (500ml)
- tomato ketchup (2 tb.)
- soy sauce (1½ tb.)
- soybean sauce (1 ts.)
- sushi vinegar (1 tb.)

Check for:

- flour